



*“Where Vibrant Smiles Lead To Vibrant Lives”*

## AFTER CARE Composite Resin Filling

You have just received your new white (composite or resin) filling. Here is some important post operative information. We used a local anesthetic to numb the area we treated, this numbness in your lips, teeth and tongue might last for several hours after the procedure. To avoid damage to your tongue and lips, you should avoid any chewing until the numbness has completely worn off.

It is normal to experience some sensitivity to heat, cold and pressure after your appointment. It is not uncommon for the tooth to be sensitive for several weeks or months. You can also expect some soreness in your gums for several days.

White fillings set completely immediately after they are placed, so as soon as the numbness from the anesthetic subsides, you can chew as you would normally. If your bite feels uneven, or if you have any questions or concerns about your new filling, be sure to give us a call.

Sometimes, due to effects of the local anesthesia, it is quite difficult to make sure that your bite is exactly right. If you feel any discomfort in chewing, please let us know. A minor adjustment is usually all it takes to make you comfortable. Don't wait too long! Teeth can become quite sensitive if the bite is "high." You can generate in excess of 40,000 pounds per square inch when chewing on your back teeth. If the filling feels high, come in for an adjustment. If you do not do this, your tooth will become irritated and a toothache could result. If you have any questions, please feel free to call us at 678-810-1100.